

The Grand Junction Soccer Club



Volume 2, Issue 8

GJ Soccer Office
Independence Plaza
529 25 1/2 Road, Ste B112
Grand Junction, CO 81505

OFF THE PITCH.... INTO THE FIRE

The Grand Junction Soccer Club is a parent driven organization dedicated to providing year-round soccer opportunities that are fun, positive, safe, and challenging for individuals of all ages, abilities and economic backgrounds.

www.gjsoccer.org

IMPORTANT DATES

Winter Office Hours
Tuesday— Friday 9:00am– 5:00pm
Closed SATURDAY, SUNDAY AND MONDAY

September 2011

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	31	1	2	CYS/WSSL games Western Orthopedics & Sports Medicine 10-11am
4	5	6	7	8	9	Recreational games begin Western Orthopedics & Sports Medicine 10-11am
11	12	13	14	15	16	17 Western Orthopedics & Sports Medicine 10-11am
18	19	20	21	22	23	24 Board Meeting 7:30pm Western Orthopedics & Sports Medicine 10-11am
25	26	27	28	29	30	1 Western Orthopedics & Sports Medicine 10-11am

Recreational Fall Soccer—

- Season Begins September 10, 2011
- Season Ends October 22, 2011 For U4-U10 and October 29th for U11-U14
- 8 games in 7 weeks

WSSL – Registration is closed for 2011/2012 year

- Games began August 27, 2011
- Final registration payment due by October 3, 2011
- Games to be completed by October 30, 2011
- Coaching fee of \$3,000.00 **Per team/per year**. First half of player portion was due by August 1, 2011. Final payment is due March 2, 2012. Please pay directly to your team manager. The team manager will be responsible to pay GJSC one check in each respective season for the total amount.

CYS – Registration is closed for 2011/2012 year

- Games began August 27, 2011
- Final registration payment due October 3, 2011
- Games to be completed by November 5, 2011
- Coaching fee is \$6,000.00 **Per team/per year**. First half of player portion due by August 1, 2011. Final payment due by March 2, 2012. Please pay directly to your team manager. The team manager will be responsible to pay GJSC one check in each respective season for the total amount.

Western Orthopedics & Sports Medicine hosts free sport injury clinics on Saturdays from 10-11AM at 2020 North 12th Street. These will be run through March of 2012. Closed November 26 , December 24 & March 17, 2012 for holiday weekends. Free for recent sports related injuries. 245-0484

I am a member of a team, and I rely on the team, I defer to it and sacrifice for it, because the team, not the individual, is the ultimate champion.

- Mia Hamm

GJSC Club Calendar 2011-2012

Upcoming Soccer Activities

Fall Training Plan:

OCTOBER

- October 1-2: Vail Cup for teams U11–14 (premier, united, inferno) and U15-18 girls premier, united and inferno teams.
- November 5: end of the fall season for competitive teams

Winter Training Plan:

NOVEMBER & DECEMBER

- No team trainings for U11-14 players.
- November — December: HS Teams will only train if preparing for a Nov./Dec. Showcase
- November — December: 4V4 Developmental Soccer League begins
 - ***This will take the place of last year's Futsal league.***
 - This will be an optional league where players sign up as individuals from U7-U18. Players will be placed on teams by the GJSC staff. We will put them in age groups that are arranged by 2 year increments and will be co-ed (i.e. U7—U8 players will be combined to create a team). GJSC Staff Coaches will ref and coach each 40 minute game with instruction that fits into club curriculum and identity. The primary focus will be on individual player development. We will play 4v4 in a gym to small goals. This will be an opportunity for players to enjoy the game and try new things (to be creative, take chances and try moves without having to worry about the idea of if they mess up, it will affect the outcome of games). Standings, winning and keeping score ***WILL NOT*** take any precedence during the playing and development process.
- November — Club Awards Banquet (May wait until 2012)

JANUARY

- January 3 – end of Feb: Winter training — teams will be asked during the fall season, who will be training in the winter. Cost will be \$75 per player and included a minimum of 12 training sessions. This will include space and training by a staff coach.
- Club wide team meetings for upcoming spring season

Possible Preseason Spring Tournaments in February

- Winter Tournaments to consider: (U11-14 one out of state and one indoor soccer/Futsal)
- President's Cup (AZ) - February (President's Day Weekend) – top premier teams only.
- Desert Classic (AZ)- February (the week before President's Day Weekend) – strong united teams.
- Mayor's Cup (Las Vegas) – February (recommended for competitive teams only)
- Silver State (Las Vegas) – Feb. 20-21
- Vegas Cup – MLK Weekend
- Blackhawks Invitational (AZ) – February 26-28
- February – Western Orthopedics meet with the coaching staff (coaches training).

Summer — International Travel

JUNE

- June 2012: High School International Trip to Brazil for selected girls with Gump's LLC!
- June 2013 : High School International Trip to Brazil for selected boys with Gump's LLC!



Coaching Education

Coaching education is an opportunity for any coach (regardless of age) at any level (recreational, competitive, high school, college or professional) to keep progressing and learning new things. Coaches have to wear many different “hats” throughout a single season. Learning and stealing new and different ideas from those that have come and succeeded before us is a great way to make something our own, without having to feel like we have to completely rethink things or come up with something new from scratch.

Today, coaches must be able to: break down technical flaws, be able to understand the roles regarding all players’ positioning (be able to work with forwards, midfielders, defenders and goalkeepers alike), know the importance and explain the importance of psychology in the game (and be able to motivate and work with players that may be struggling), condition their players, be able to discuss the importance of proper nutrition and taking care of themselves off the field, as well as deal with many other facets of the game that can branch off of these and numerous other topics. **Continued on next page.**



Coaching Education continued —

GJSC has set up a coaching education link for those of you that are current coaches, think you may want to coach or if you're a parent that just wants to learn more about coaching. Go to the "**coaches**" tab on the club's main homepage. Once you enter that link, click on the "**coaching education**" link at the top to see and learn about opportunities to improve your coaching abilities. Rec coaches, there are also links to help assist you by clicking on the "**coaches**" tab on the homepage and then clicking on the "**rec coaching info**" link at the top of the page.

Some of the things you'll find under the "**coaching education**" link are: how to attain any coaching license(s) or certificate(s) you'd like to pursue through the National Soccer Coaches Association of America (a.k.a. NSCAA), when those courses take place, how long they are, where they are and how much they cost. You will also find links to interviews with current professional players and coaches, articles on Barcelona and Ajax's youth academy systems (why they've maintained and sustained a standard of excellence for so long), short videos on Spain's youth development system/process, and lists of ideas for different books and movies that deal with various aspects of soccer. Again, this information is for any coach, coaching any level, so check it out sometime!



3V3 Summer League Recap

Our 3v3 Summer League was a great success! We had more than 150 kids participating in the league from U5– U16. Included were three teams from Delta County. We had 5 fields set up every Thursday evening and games were played from 5:30-9PM. The kids seemed to enjoy it and were able to get tons of touches on the ball while playing with their friends. It was great to see kids playing soccer where the score, records or standings didn't matter and kids were able to just go out and have fun, and getting a little better along the way.

GJSC Staff Coaches were in charge of refereeing the games, keeping games on schedule, and giving kids occasional feedback at times throughout the games.

Contact shaun@gjsoccer.org if you have any questions or feedback.

GJSC – Club Identity

When people talk about club identity they often talk about a style of play. Barcelona for example, has a very specific style of play based on incredible technique, ball possession, composure and an overwhelming work rate. GJSC has also spent a lot of time talking about what our style of play will look like. This has definitely been established on a team by team basis, but there has not been a consistent style throughout the club. This implementation of a club style has to begin at the recreation ages and is something we are working towards with programs like the academies and our coaching education programs that we have held this year (E License and Youth Certificate). We hope to emulate a club like Barcelona at the youth level. We would like to have kids very comfortable and skillful with the ball, kids who take chances and are creative, players who outwork their opponents, players who have a good understanding tactically and a team concept of play offensively and defensively.

What is often overlooked when discussing the identity of a club are the values that will be stressed at the club and team level. In the next year or two, you will see a focus on developing the soccer players and teams I talked about earlier, as well as holding kids and coaches (ourselves) to the values below. My hope is that GJSC will be known throughout the community we live in and soccer community we play in as a club that aspires to be great, shows incredible sportsmanship (parents, coaches and players alike), and basically conduct ourselves in a manner that becomes the standard in Colorado youth soccer. Notice I use the word “aspire.” I don’t claim to be perfect, nor do I expect anyone else to be perfect; however, we can all be held to high standards a work toward being better people and role models.

Values of GJSC

1. Hard Work – Our players should always be expected to give their best in training and games.
2. Commitment to improving as an individual and team.
3. Honesty (to self and others).
4. Integrity – rigid adherence to a code or standard of values.
5. Dedicated to the team/club.
6. Perseverance (learning from losses or mistakes and using setbacks to inspire growth as a team and or individual).
7. Friendships
8. Passion – love of the game.
9. Discipline – Doing what needs to be done, even when you don’t feel like it.
10. Trust
11. Respect (self respect, teammates, coaches, refs, opponents, parents, the game, etc.)
12. Education – learning on the field and off the field.
13. Self-analysis first – what can I do better to help the team win. TAKE RESPONSIBILITY.
14. Ownership – your team, your club. What can you do to make the team/club better?
15. Never give up attitude.
16. Open communication – if you have a problem discuss it with the person you are having the problem with. No behind the scenes gossip.
17. Empathy – consideration of others.
18. Community service – would love to have each team take on a project.
19. Good sportsmanship.
20. Humility.
21. Loyalty
22. Community – supporting all members/teams in our club as well as supporting each other at the team level.

Soccer has arrived in America, so stop pretending it hasn't

If you follow sports and you ask the question "[when will soccer arrive in America?](#)" then you've clearly had your head in the sand for the last decade. [Soccer has arrived](#) and [it's been here for a few years now](#). The game is already thriving as a recreational sport but it has put down very strong roots as a spectator sport in this country on both the domestic and international levels.

While some have been busy poring over labor issues facing the [NBA](#) and [NFL](#), the domestic league for soccer, MLS, could have its highest average attendance since its inaugural season, [somewhere north of 18,000 per game](#), putting the league [on the level with the NBA and NHL](#). The league is set to add its nineteenth team next year, [the Montreal Impact](#), in a newly renovated soccer-specific stadium. In 2012, 16 of the 19 teams will play in their own soccer-specific stadiums and will average crowds that are [on par with typical NBA and NHL teams](#), and will [in some cases surpass MLB crowds](#).

Sure, the local team, the [New England Revolution](#), doesn't draw well but that is a complex situation as the Revs are in a [transition phase on the field](#), have some [off-the-field issues with their most diehard fans](#) and desperately need to move to their own stadium in [Somerville](#) or [Revere](#). In order for the game to have reached the level it currently has in the United States MLS had to build the necessary infrastructure in stadiums and implement strict league financial rules to avoid the problems that brought down [NASL](#). Moving MLS teams out of cavernous NFL and college football stadiums is the best thing the league has done since its inception in 1995. It gave teams physical assets as well as improved the fan experience tenfold. Hopefully the Revolution can get out of Gillette sooner rather than later as that place just won't work for them long-term.

The domestic league is flourishing but that isn't the only indicator of soccer's arrival in America. [The television ratings for the men's national team](#) appearances in the 2010 World Cup were up 68% over 2006 and [their game against Ghana](#) drew higher ratings than both the NBA Finals and the World Series. The Gold Cup Final, which the USA lost 4-2 to Mexico, drew [higher ratings than the Stanley Cup Finals](#).

When not qualifying for the World Cup or reaching the finals of the Gold Cup the national team hosts exhibition matches that bring capacity crowds around the country, selling out the likes of Soldier Field, RFK Stadium, New Meadowlands Stadium, Gillette Stadium, the Rose Bowl, Reliant Stadium, University of Phoenix Stadium, and Lincoln Financial Field. The Mexican national team and major international club teams routinely tour the United States as they know they can fill the same stadiums with capacity crowds, too.

The women's national team has grabbed the nation's attention again with [a thrilling come-from-behind win over powerhouse Brazil](#). There is a women's professional soccer league, WPS, that has six teams and is doing ok, too. Boston's local club, [the Boston Breakers](#), leads the league in [attendance](#).

[So the soccer haters and grey-haired sports writers](#) who can't wrap their heads around the simplest of games can keep pretending that soccer hasn't arrived but the facts prove them wrong. Soccer is no longer the sport of the future; it's here now.

*This blog is not written or edited by Boston.com or the Boston Globe.
The author is solely responsible for the content.*

INTERNATIONAL TRIPS TO BRAZIL

For high school
age players and
by invite only.

SUMMER 2012 & 2013

Hotel Location



The location of the hotel is on the outskirts of São Paulo, Brazil – one of the 10 largest cities in the world with over 17 million people. The same hotel is not necessarily used year to year, but the hotel will remain outside São Paulo, in a surrounding suburb.

Games



Games dominate the schedule when going to Brazil. There is usually one game per day with just a couple of days-off throughout the trip. Games consist of everything from full 11V11 to 6V6 and Futsal. Training sessions with coaches from Brazil are also integrated to allow players to get a taste of how Brazilians train.

Activities & Destinations



A chance for us to give back to those who are less fortunate is always an opportunity created for each trip. Nick feels it is important for players to recognize how fortunate we are and nothing seems to get our attention like experiencing something first-hand. These are things that will stick with us for the rest of our lives.

For a full version of the Brazil flier, see our website under our coaching education link in our coaching tab.



Creating opportunities through soccer & traveling

Nick Gumpert coordinates the international trips for Grand Junction Soccer Club, through Gump's LLC. He coordinates trips to Brazil and to various countries in Europe.

"I want to be able to create unique opportunities for young adults, to expose them to the world. When I talk about unique, I'm talking about creating an opportunity for those involved to be able to walk away after it's done and feel like they've never experienced anything like that before, that they can take something away from it and can apply it to the rest of their life."

"You don't know what all you have, until you don't have it."

Recreation Update

Fall

7/8 Junior Academy – GJSC will offer a Junior Academy Program for players U7 and U8 players in the fall of starting September 2. There is still room to register.

This is an optional program offered one day a week, on Fridays 4:45-6PM. This will consist of 8 weeks of additional training. The intent of the junior academy program is to put players in a competitive and age appropriate training environment that challenges players physically and mentally on an individual level. The academy program is open to any player with birthdates that fall between 8/1/03-7/31/04 and 8/1/04-7/31/05 and who have the desire to further develop their soccer skills under the guidance of a professional coach, who is following the club developmental curriculum. Please feel free to contact Shaun Howe at shaun@gjsoccer.org with any questions.

NEW Academy Program — The NEW Academy has started and has gotten off to a great start! We currently have more than 30 registered, but there is still room if you're interested. Please contact Shaun Howe at shaun@gjsoccer.org if interested.

Some of our top staff coaches are working with the kids, including: Shaun Howe, Peter Hemmendinger, Larry Johnson, Sherilyn Stoffel, John Kearns, Quinn Cooper, Nick Gumpert and Stephen Hofer.

This is an optional program for players U9 and U10. Players will sign up voluntarily and there will not be a selection process to participate in the academy. The kids participating in the academy training also play for their recreation teams. They will train with their respective recreation teams one time per week and play all games with them on Saturday. We will take academy teams to 1-2 tournaments per season that do not interfere with recreation play. The cost to participate in academy trainings is \$140, which amounts to about \$6 per session (22 sessions). If your kids love to play soccer and want to make large gains over the season, this is a great developmental opportunity.

Winter

Soccer Stars - GJSC will continue to offer small group training for players 4-8 years old.

Additional winter recreational training opportunities — details and info coming soon.

*Leaders instill in their teammates a hope
for success and a belief in themselves.*

Positive Leaders empower their teammates

A Simple Way to Make a Big Difference

Hi Everyone. I wanted to let you know about a simple club fundraiser we have been doing for a while. This is incredibly simple. All you have to do is sign a form in the soccer office and put your City Market card number on the form with your address and phone number. When this is done, every time you shop at City Market, five percent of your bill goes back to our non-profit organization. GJSC will use this money toward our budget to help scholarship players in need of financial assistance. This is an easy way to help make a positive difference in the lives of others in our soccer community. We hope you will come by the office or call, and we can take your information so you can help with this initiative.



GJSC's Star's Goalkeeper Academy held its inaugural 2011 summer camp the week of August 1st — 5th at Canyon View Park. The camp had 17 goalkeepers from U8—U18. It was a great camp with all the keepers working hard on conditioning as well as keeper skills. Keepers who attended were: Emma Harrison, Kambrian Colborn, Bella Hautzinger, Peyton Drake, Anna Blackford, Rylea Rottmann, Nick Currier, Tyler Mower, Jessica Jolley, Morgan Uphoff, Michael Hansen, David Mower, Nick Maraschin, Chelsea Aaberg, Jessica Smith, Maci Wiley, MacKenna Larsen. The coaches were Larry Johnson and Wyatt Smith.

Recap of Summer Tournaments

Grand Junction Soccer Club would like to congratulate the U13 premier girls for winning their bracket in the Steamboat Tournament back in July.

GJSC sent 10 competitive teams to Colorado Springs for the Pride of the Rockies last weekend (8/19—8/21). This was a preseason (before league play) tournament that took place at the Air Force Academy. It was a great event with all the GJSC teams doing very well. We ended up with 3 teams winning the tournament. Those that did not win definitely got better over the course of their weekend. Teams that attended were the U18 girls united, U15 girls premier, U14 girls premier, U13 boys premier, U13 girls premier, U13 girls united, U12 girls premier, U12 boys premier, U11 girls premier, U11 girls united.

Having most of our teams at the same event makes a lot of sense in many ways. Coaches get to know teams and players better, we all get to support each other and other players, we can discuss positives and negatives of each teams play, we can discuss our focus in training moving forward in coaches meetings, can move towards a club style of play, it allows families with multiple children to be together at the same event (saves money and headache), allows teams to split costs for coaches travel (among coaches teams that are attending), and so on. Most importantly, it really creates a strong feeling of camaraderie as a club to have approximately 500 people associated with GJSC (players and parents) at the same event, the same weekend.

It was a lot of fun to see our teams supporting each other during games. This is what being a club is all about... being a part of something bigger than any individual and supporting one another.

As I mentioned, we had 3 teams win the tournament. Our U13 girls premier, U15 girls premier and our U12 boys premier teams all played exceptional soccer and ended up getting first place in their respective age divisions. Congratulations to those teams. I also want to congratulate the rest of our club teams that attended. I was very impressed with the fact that every team in our club had very competitive last games. This was a good sign as this indicates that the teams got better as the weekend progressed. It also showed the resilient nature of our club and players who all keep fighting until the end of the game. I was able to attend a portion of at least one game for every team that attended the tournament from our club. In every game, I did notice how our kids play hard until the final whistle. This was impressive and made me proud of all the kids. Congratulations to all the players who participated and thanks to the parents for driving half way across Colorado for the tournament.

Thanks,
Shaun



Premier '97 Girls (U15 Girls Premier)



Premier '99 Girls (U13 Girls Premier)



Premier '00 Boys (U12 Boys Premier)

New Programs and Involvement by GJSC

Elite Player Development Camp

GJSC is happy to have had 43 kids sign up and participate in the Colorado Elite Program. This program gave local players the opportunity to be exposed to Colorado Youth Soccer Directors, Nate Shotts and Mike Freitag, as well as some of their professional coaching staff in training sessions.

The first sessions took place over August 13 and 14 at Canyon View Park. GJSC will help host the state's ODP tryouts here in Grand Junction come November. GJSC will continue to pursue opportunities which will allow local players to be exposed to alternative, challenging and professional coaching, for those that want it.

Details on ODP tryouts coming soon.



Duel Immersion Camp

On Friday, August 5, GJSC Staff Coaches Shaun Howe, Nick Gumpert and Steve Latta volunteered their time to work with various kids from the valley to introduce the game of soccer and promote it as a fun game kids can play and enjoy, while helping them stay in shape. The staff coaches were assisted by Matt Leech, Hill Bonin and Alex Steiner.

The coaches worked with over 100 kids ranging from 4-16 years old in Riverside, near Duel Immersion Academy. The coaches led the kids through various warm-up activities and games before playing various small-sided games with the kids.



GJSC Kickoff Camp

The first GJSC Kickoff Camp was held from July 25-28. We had 85 kids participate to work with various club staff coaches. The coaches that helped at the camp included: Shaun Howe, Stephen Hofer, Steve Latta, Nick Gumpert, Sherilyn Stoffel, and John Kearns.

The kids were split amongst one, two or three different age groups (depending on the number of kids that signed up per age group) and worked with a different staff coach each evening of the camp.

Overall, it was an opportunity which allowed players to get back in the swing of things as individual players or as a team. They were put through various conditioning activities and worked on various technical aspects. It was a good turnout and we hope to build off of it for next year!

Kohl's **American Cup** and **CYS Cup** for



For more information or Questions; Please contact
Gina Sizer at
1-303-346-2777 x 101
gsizer@coyouthsoccer.org

Kohl's is a family – focused, value-oriented, specialty department store offering quality exclusive and national brand merchandise to the customer in an environment that is convenient, friendly and exciting. Kohl's has over 1,000 stores in 49 states

Recreational Teams only

Kohl's **American Cup** (U5-U8) and **CYS Cup** (U9-U18)

U5-U8 will be playing 4v4

U9-U10 will be playing 8v8

U11-U18 will be playing 11v11

Registration is currently open– deadline is October 7,2011

Two day Event for Recreational teams for U5– U18 Girls and Boys

Kohl's **American Cup** \$160.00 Per team for 4 games

CYS Cup \$350.00 Per team for 4 games

When: October 29th and 30th 2011

Where: Canyon View Park, 726 24 Road, Grand Junction, CO

Kohl's **American Cup**-

[https://events.gotsport.com/\(S\(u4iitpvzmsji4p553zb1ss45\)\)/forms/app/Default.aspx?EventID=19114](https://events.gotsport.com/(S(u4iitpvzmsji4p553zb1ss45))/forms/app/Default.aspx?EventID=19114)

CYS Cup-

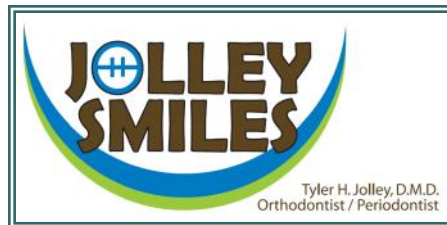
[https://events.gotsport.com/\(S\(slp30q552s1zm3553zqqhaf5\)\)/forms/app/Default.aspx?EventID=19107](https://events.gotsport.com/(S(slp30q552s1zm3553zqqhaf5))/forms/app/Default.aspx?EventID=19107)



Western Orthopedics & Sports Medicine, P.C.

Grand Junction Soccer Club is Proud to announce our partnership with Western Orthopedics and Sports Medicine. Western Orthopedics will be offering many exciting services to our players. To summarize, they will send an athletic trainer to our fields one time per week in the spring season. This will be a free opportunity for injured players to have their problem evaluated by a medical professional. Western Orthopedic will also work with our coaching staff to help develop a club wide injury prevention warm up, cool down suggestions, and be a resource if we have any questions concerning the health and well fare of our players. They will also be involved with our tournament, the GMIT, by offering injury evaluations and support for players in need of medical assistance. Anyway, they will be making lots of positive contributions to the club and we look forward to their involvement. Look for more details in the coming months.

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