

Field Sessions for Recreation Coaches:

When: Saturday, March 3

U4-U6 – 9am-10am

U7-U8 – 10:15-11:30

U9-U14 – 12-1:15

Cost – Free

Instructor – the course will be run by Shaun Howe (Grand Junction Soccer Club Director of Coaching/CYS Instructor) and Peter Hemmendinger.

Date – Saturday, March 3rd.

Register – Call or email Shaun at 242-4550 or shaun@gjsoccer.org (I will need your name, email, and the age you coach)

Location – Canyon View next to the Gunnison Pavilion.

How the course works – Come on out and we will go through age appropriate sessions with you. Please bring a ball and soccer attire. Our coaches who are willing and able will participate in the sessions.

Goalkeeper Session for U9 & U10 Coaches

When: March 7th

5:15-6:15 PM

Cost – Free

Instructors, Larry Johnson, Lauren Truitt, GJSC Goalkeeper Coaches

Register – Call or email Larry at 242-4550 or larry@gjsoccer.org I will need your name, email, and phone number.

Location – Canyon View next to the Gunnison Pavilion.

What will be covered in this session? – We will cover the Foundation of Goalkeeping. This session will include basic handling, hand distribution, basic positioning, shooting games, goalkeeper methodology and a pregame warm-up.

