

The Grand Junction Soccer Club



Volume 2, Issue 10

GJ Soccer Office
 Independence Plaza
 529 25 1/2 Road, Ste B112
 Grand Junction, CO 81505
 970-242-4550

OFF THE PITCH.... INTO THE FIRE

The Grand Junction Soccer Club is a parent driven organization dedicated to providing year-round soccer opportunities that are fun, positive, safe, and challenging for individuals of all ages, abilities and economic backgrounds.

www.gjsoccer.org

IMPORTANT DATES

Winter Office Hours
 Tuesday— Friday 9:00am– 5:00pm
 Closed SATURDAY, SUNDAY AND MONDAY

November 2011

SUN	MON	TUE	WED	THU	FRI	SAT
30	31	1	2	3	4	5
6	7	8	9	10	11	12
						H.S. Boys Tryouts 12-1:30pm at Canyonview
13	14	15	H.S. Boys team meeting 6:00pm at GJSC	17	18	19
						Regular Registration for H.S. Boys begins
-----Early Bird Registration for H.S. Boys begins-----						
20	21	22	23	34	25	26
			Board Meeting 7:30pm			
27	28	29	30	1	2	3

Recreational Spring Soccer—

- Register Now
- Season begins March 24, 2012 (no games on April 28, 2012)
- Season ends May 12, 2012
- Teams have 8 games in 7 weeks

WSSL/CYS

- High School boys early bird registration begins November 14, 2011 through November 18, 2011 (Entire fee is due in order to receive the early bird registration-\$199.00 CYS, \$175.00 WSSL).
- Regular registration for High School boys is November 19, 2011 through December 2, 2011. A minimum of half of the registration is due by the November date. The total registration amount is \$240.00 CYS, \$215.00 WSSL for High School boys.
- CYS Spring games will begin March 10, 2012
- WSSL spring games will begin April 7, 2012
- Final registration payment was due by April 20, 2012
- Games to be completed by June 3, 2012
- CYS coaching fee of \$3,000.00 **per team/per season** , WSSL coaching fee of \$1,500.00 **per team per season**. Final payment is due March 1, 2012. Please pay directly to your team manager. The team manager will be responsible to pay GJSC one check in each respective season for the total amount.

Winter Training Options:

We know that kids do many things in the winter time and we have tried to put together a list of programs that will offer flexibility and many options. For those that want to train 3-4 times a week in the winter; you can do winter training for your age group, Futsal, goal keeping, and fitness training. Those that are already doing other activities can select from the options that make sense for your child's needs and availability. Below is a write up on each program offered and what you can expect (details with dates, times, etc. can be found in this newsletter and online).

Winter Training Program:

This winter will be slightly different than in the past. Winter is the perfect time to put a huge emphasis on individual technical training (since we don't have any league play to prepare for tactically there is no excuse). Things like dribbling to beat players, dribbling for possession, fast foot work, receiving balls, passing balls, heading the ball, etc. With our winter training format, your son or daughter will sign up for their specific age group by going to indoor training at www.gjsoccer.org (click on indoor training). We have the competitive kids (united, inferno, and premier players) training on Wednesday nights and the recreational kids training on Thursday nights. We will have a variety of staff coaches attending these sessions so the kids get to know other coaches, coaches get to know your kids, and so that kids are benefiting from each coaches particular strengths. This format provides a lot more consistency than training outdoor, as we can train regardless of the weather and our time and location are set. We will only take the first 20 kids per age group, so sign up and reserve your spot. All training will take place at Bookcliff Activity Center.

Additional Programs:

We will also offer goal keeper training for recreation and competitive players. Larry Johnson will run these sessions and focus on all aspects of technical skills for goal keepers.

Soccer Fitness training will take place on Thursday nights and this program will be for players looking to improve fitness, quickness, agility, and power/explosiveness. The program will focus on movement that is applicable to the sports. It will be run by GJSC coaching staff that could vary from week to week.

Futsal – Futsal will take place on Friday and Saturday nights. It will be similar to year's past, with some noticeable improvements. This will be a developmental league where the primary purpose is for the kids to have fun and to improve as individuals. The coaches will be in the middle of the field and will act as facilitators who makes sure the game is being played fairly and with rules (will call fouls and essentially referee the games) as well as coaches who will be giving input and ideas during the game. Coaches may also mix teams up during the game if needed. The idea will be to keep the games competitive so that both teams and all players are challenged and having a chance to get better. One other change is the duration of the game. The games are a bit longer now at 40 minutes per game, with a quick half time break and running clock.

You should contact your team coach and let him/her know if you want to play. Team coaches will form 1-3 even teams for Futsal. Once he or she has done this they will let you know your team name and each individual will go to www.gjsoccer.org, click on indoor training and then register individually. You will just put your team name down so that office staff knows where to put your child.

GJSC Club Calendar 2011-2012

Soccer Activities

Winter Skills Training

Winter skills training will consist of 11 training sessions over the course of the winter season.

- Offered for: U11-U18 CYS/ WSSL players
- Place: Bookcliff Activity Center (540 1/2 29 1/4 Rd., Grand Jct., CO 81504)
- Cost: \$80 per player
- Go to www.gjsoccer.org and click on "Indoor training" for times and length of sessions
- Training dates: Dec. 7,14, Jan. 4,11,18,25, Feb. 1,8,15,22, and 29

U9, U10 and U11-14 Recreational players and Goal Keeping winter training sessions will consist of nine sessions over the course of winter season.

- Offered for: U9, U10 and U11-14 Recreational players and Keeping
- Place: Bookcliff Activity Center (540 1/2 29 1/4 Rd., Grand Jct., CO 81504)
- Cost: \$65 per player
- Go to www.gjsoccer.org and click on "Indoor training" for times and length of sessions
- Training dates: Jan. 5,12,19,26, Feb. 2,9,16,23 and March 1

These are optional training programs for players during the winter season. It is strongly recommended, as players will have a chance to develop their individual technical abilities in the off-season months - which is when players can focus more on improving their individual abilities apart from others.

Sessions will be instructed by GJSC Staff coaches including, but not limited to: Shaun Howe, Steve Hofer, Steve Latta, Sherilyn Stoffel, John Kearns, Quinn Cooper, Larry Johnson and Nick Gumpert.

5V5 Futsal Developmental League

- Registration deadline is December 2, 2011
- Cost: \$70 per player
- It will be a 5V5 Format with Staff Coaches coaching and reffing games. The staff coaches will be coaching aspects that fit the club curriculum and identity.
- Standings, winning and keeping score will not take any precedence. This league will focus on the individual development of players' technical abilities.
- Teams can submit multiple registrations at one time if they would like or you can register individually and you will be placed on a team.
- GJSC Staff will group the players in 2-year increments and may create co-ed teams depending on numbers registered.
- League begins December 9, 2011 and ends March 3, 2012
- No league games will take place Dec 23rd, 24th, 30th, 31st and Jan 28th
- Game days will be Friday and Saturday for eleven weeks
- Times will be between 5pm and 9pm
- Place of games is Bookcliff Activity Center (540 1/2 29 1/4 Rd., Grand Jct., CO 81504)
- The playing format will be 5V5 with goalies
- Games will be 40 minutes long (Two 20 minute halves)

This will be an optional league where players can sign-up as a team or individually, ranging from ages U7-U18. If players register individually, they will be placed on teams by the GJSC Staff. The staff will assign them in age groups that are arranged by 2 year increments and may be co-ed (i.e. U7—U8 players will be combined to create a team). GJSC Staff Coaches will ref each 40 minute game with instruction that fits into club curriculum and identity.

The primary focus will be on individual player development. We will play 5V5 in a gym to small goals. This will be an opportunity for players to enjoy the game and try new things (to be creative, take chances, and try moves without having to worry about the idea of if they mess up, that it will affect the outcome of a game). Standings, winning and keeping score ***WILL NOT*** take any precedence during the playing and development process.

Soccer Fitness Program

GJSC will be offering a winter program on Thursdays that focuses on soccer specific fitness. The focus will be on injury prevention warm-ups, agility, explosiveness, running technique and endurance.

- This program will take place on Thursday nights from 7:30-8:30PM at Bookcliff Activity Center
- Cost: \$65 per player
- Dates: January 5, 12, 19, 26, February 2, 9, 16, 23 and March 1
- Go to www.gjsoccer.org and click on "Indoor training" for times and length of sessions

You can register by going to www.gjsoccer.org and clicking on "indoor" on the left hand side of the homepage.

Summer — International Travel

JUNE

- June 2012: High School International Trip to Brazil for selected girls with Gump's LLC!

When: November 12th
Where: Canyon View Park
What to wear: plain t-shirt ,
no club or team affiliation
What to bring: Water bottle,
cleats, ball, shin guards

Please see below for more details.

U15 – U18 TRYOUTS
Saturday, November 12th 12-1:30
PM at CV Park
(Registration 11:15-12:00 PM)

INDIVIDUAL TEAM MEETINGS

- **All players must have signed Try out form to attend the GJSC tryouts.**
- GJSC Try out forms can be down loaded and filled out at www.grandjunctionsoccer.org under "Forms & Links".

Tryout form is not a medical release Form.

- **Practice will be 2-3 days a week with games on weekends.** Tournaments on weekends (may travel outside of state).
- **Cost for the season vary with each team.** CYS Registration **\$199.00 early bird** if registered by November 18th. \$240 after November 18th.
- WSSL Registration **\$175.00 early bird** if registered by November 18th. \$215.00 after November 18th.
- **(To receive early bird, you must pay in full)**
- Coaching fee's, uniform, travel expenses and tournaments extra.
- **Registration** is online at www.grandjunction.org. Please register online before your initial team meeting. A minimum of 50 % of registration is due at time of registration (except to receive early bird). **All spring accounts must be paid by April 20th, 2011**

If you are a **serious** soccer player...
Join us at the **GJSC** tryouts for an opportunity to play competitive soccer in the spring.

Grand Junction Soccer Club High School Boys Spring 2012 Tryouts

Grand Junction Soccer Club

For More Information (970) 242-4550

Birth Date Cut Off for Spring 2010

U15	8/1/1996 - 7/31/1997
U16	8/1/1995 - 7/31/1996
U17	8/1/1994 - 7/31/1995
U18	8/1/1993 - 7/31/1994



CYS Tournament in Grand Junction

We had 41 recreational and WSSL teams come to Grand Junction October 29 and 30. About 10 teams from Grand Junction Soccer Club played in the event. We also had teams from Denver, Steamboat, Montrose, Telluride, Crested Butte, Aspen, Vail, Ouray and other surrounding Western Slope areas. This tournament was run by Colorado Youth Soccer and hosted by Grand Junction Soccer Club out at Canyon View Park. It was a lot of fun and a great way to end the fall season for our recreation and academy teams.

Congratulations to our U13 United team that made it all the way to the final. They ended up playing a tough game with Montrose in the final and ended playing well, but losing a close one 2-1.

Congratulations to our U10 Wildcats boys and our U10 boys academy team. They ended up playing each other in the final game. The Wildcats scored in the in final minutes to win the tournament.

Congratulations to our U9 girls academy who advanced to the semi finals of the U10 girls bracket. They beat Vail U10 girls, tied Durango U10 girls, and lost to Steamboat U10 girls 1-0 on their way to the semi finals.

Congratulations to our U9 boys academy team that also played up a year and won a game, tied a game, and lost a close game 1-0.

Congratulations as well to our two U10 girl's academy teams. We ended up splitting the group into two even teams. It was fun to watch the girls play and we found they did very well individually showing some excellent skill and determination. Both teams had some very good moments over the weekend.

Tournaments and impact on the Community

GJSC is making a real effort to have a positive impact on the community. First and foremost, we provide an affordable opportunity for kids to participate in an organized, responsive, and educational soccer club. We have also started programs like a free outreach to a number of schools in the valley. This year we will offer free after school soccer program at 4 elementary schools in town. We also started a TOPS soccer program for kids with special needs and had more than 30 kids participate.

Beyond programming, GJSC also has a large financial impact on our community. By offering tournaments like GMIT and the CYS Cup we are bringing money into our local economy. CYS Cup, which was small this first year and will only grow, had 30 teams from outside the Grand Valley. If you assume each team has 15 families and each family spends approximately \$400 over the course of the weekend (hotel one or two nights, food, gas, cost of the tournament and referees, misc. needs of kids, etc.), that amounts to \$6,000 spent per Team. 30 teams multiplied by \$6,000 is \$180,000 poured into our economy (this is money that is outside of our community and would not have come to GJ without the tournament). We expect the number of teams attending next year to double, bringing roughly \$400,000 to our community in one weekend. In a tournament like GMIT, we had about 100 teams from out of the community. That means approximately \$600,000 to our community in one weekend. These tournaments are not only good for our families (saves you money not traveling) they are outstanding opportunities to give our local economy a boost and great fundraisers for the club to help offset costs.



U10 Boys Wildcats



U10 Boys Academy

Congratulations to our U10 Wildcats boys and our U10 boys academy team. They ended up playing each other in the final game. The Wildcats scored in the final minutes to win the tournament.



Congratulations to our U13 Girls United team

The GJSC Girls U13 United coached by John Kearns placed second on October 30 in the CYS Cup Recreational Tournament in the U14 Girls bracket. The girls played four games over the two day tournament, heading into the finals with a record of 2-1-1. They fell to U14 Girls Montrose Avalanche in the finals 3-1.

There are players who watch things happen, there are players who watch things happen then say, “what the heck just happened?!” Then there are the players who make things happen.

~ Player Pictures~
Congratulations to the picture of the month!



Picture of the Month WINNER



**Picture of the Month
Contest**

PARENTS/COACHES Thank you for sending in your pictures. Please continue to do so, as we are always in need of new pictures. Please send in your favorite pictures every month to

Leyrae@gjsoccer.org and watch to see if your picture is chosen!

If your picture is chosen, you will win a free grey Fire FC T-shirt. This is going to be a fun and exciting page for our players! Start taking



Pictures sent to GJSC will become the property of GJSC. Pictures will not be returned and can be used for potential materials. Winner of the "Picture Of The Month" contest has 30 days from posting to pick up their t-shirt.



Congratulations to GJSC Players

Based on the Western Slope ODP Tryouts, 12 GJSC players were given invitations to attend tryouts for the state team in Denver. The Olympic Development Program essentially picks the 18 best players in the state at each age group (based on year of birth, i.e. 1999 boys). From the 12 that attended the tryouts in Denver, 5 were selected and have made the ODP training pool. They have basically narrowed the group to about 40 kids and from there will cut down to 18 players and form the ODP Team. Congratulations to the following players from GJSC that have made the ODP Pool Teams:

Samantha Neuville – 99 girls

Megan Hartman – 99 girls

Roxy Cote – 98 girls

Brier Youngfleish – 98 girls

Adain Mahlum – 99 boys

Western Orthopedics & Sports Medicine hosts free sport injury clinics on Saturdays from 10-11AM at 2020 North 12th Street. These will be run through March of 2012. Closed November 26 , December 24 & March 17, 2012 for holiday weekends. Free for recent sports related injuries. 245-0484

INTERNATIONAL TRIPS TO BRAZIL

For high school
age players and
by invite only.

SUMMER 2012 & 2013

Hotel Location



The location of the hotel is on the outskirts of São Paulo, Brazil – one of the 10 largest cities in the world with over 17 million people. The same hotel is not necessarily used year to year, but the hotel will remain outside São Paulo, in a surrounding suburb.

Games



Games dominate the schedule when going to Brazil. There is usually one game per day with just a couple of days-off throughout the trip. Games consist of everything from full 11V11 to 6V6 and Futsal. Training sessions with coaches from Brazil are also integrated to allow players to get a taste of how Brazilians train.

Activities & Destinations



A chance for us to give back to those who are less fortunate is always an opportunity created for each trip. Nick feels it is important for players to recognize how fortunate we are and nothing seems to get our attention like experiencing something first-hand. These are things that will stick with us for the rest of our lives.

For a full version of the Brazil flier, see our website under our coaching education link in our coaching tab.



Creating opportunities through soccer & traveling

Nick Gumpert coordinates the international trips for Grand Junction Soccer Club, through Gump's LLC. He coordinates trips to Brazil and to various countries in Europe.

"I want to be able to create unique opportunities for young adults, to expose them to the world. When I talk about unique, I'm talking about creating an opportunity for those involved to be able to walk away after it's done and feel like they've never experienced anything like that before, that they can take something away from it and can apply it to the rest of their life."

"You don't know what all you have, until you don't have it."

Klinsmann Q&A: Parents can set an example (Part 1)

Interview by Mike Voitalla

Jurgen Klinsmann, whose playing career included winning the 1990 World Cup title with Germany, took a keen interest in American youth soccer when he moved to California upon his retirement in 1998. He became head coach of the U.S. national team in July and took time before the USA's November friendlies against France and Slovenia to discuss American youth soccer issues, including the parents' role, pay-to-play, differences between European and American youth clubs, college ball -- and he offers some advice to youth coaches.

SOCCER AMERICA: You have spoken often about the value of unorganized soccer for children -- and you helped found an initiative (FD21) to promote that in Germany. Is there a way to increase the amount of soccer children play in the USA outside the club structure?

JURGEN KLINSMANN: The keys for soccer development are for children to enjoy kicking a ball and enjoy playing soccer types of games. It does not take a soccer field or an organized team training to do this. But we may need to help our children learn what they can do on their own or with a few friends to enjoy kicking a ball and playing soccer.

In other words, youth soccer training should include lots of fun -- "you can do this on your own" -- activities, including showing examples of how to have soccer-related fun in a backyard, the driveway, the schoolyard, a park, against a wall, or anywhere there is a small amount of space and a ball -- any kind of ball.

In the USA, basketball is part of the culture. So young basketball players grow up learning how to play types of basketball games -- like 1-on-1, 21, H-O-R-S-E --- on their own and with small groups. We need to help our young soccer players to be able to do the same thing -- play on their own or with their friends or with their parents wherever they are with whatever ball is available.

SOCCER AMERICA: A big change in children's sports is the declining role of schools' physical education and sports programs. Can you speak to that issue?

JURGEN KLINSMANN: Of course I think it is too bad that physical education and sports programs are declining in schools. And I understand though do not necessarily agree with some of the reasons, primarily around setting priorities and budget cuts. So, as parents, we have a choice -- sit back and do nothing in the face of this decline or create alternative opportunities for our children.

Actually, I do not think that we do have a choice. I think we *have* to create alternative opportunities for our children. It is part of their life-long education. We hear constantly about the problems of obesity and other health-related issues arising from a lack of exercise. What can we -- as parents -- do about it?

Set an example. Be active with our children. Don't let them automatically watch TV or go into their rooms to play video games or go online. Encourage outdoor activities year round. Kick a ball in the backyard. Walk or ride a bike to the store instead of driving.

Participate in a local community event instead of going to the movies. There are many active things we can do with our children and that they can do on their own, if we make this type of active lifestyle a family priority.

SA: One of the huge flaws in American youth soccer is the high cost. (The more talented you are, the more it costs.) Why is this not the case in other countries, such as Germany, and do you see any solutions to the problem in the USA?

Also, in Europe, the professional clubs have youth programs and they start signing up promising players at young ages and pay for their costs of training. So, the culture of sports participation and the professional club influence are much different and much stronger in Europe than currently in the USA.

Going forward, MLS clubs will have more influence in the USA, including providing free opportunities to play for talented players. Plus, we may see more American youth clubs partnering with international clubs, which will pay for the training costs of talented young American players. Chelsea, for instance, is experimenting with this right now

Obviously, a big difference between the USA and European countries is that most promising young American soccer players will end up playing college soccer, while promising young European players have the goal of being professional players. There are many, many more college soccer programs in the USA than there are professional clubs in any European country.

But colleges cannot pay for youth development programs like professional clubs can. So, in summary, there are significant differences between the European sports culture and the American sports culture, which will not dramatically change anytime soon and which do impact the costs associated with youth soccer.

SA: Is the enormous geographic size of the USA a problem for the national team program as it scouts for talent and develops it? And if so, what are the solutions to overcoming the challenge?

JURGEN KLINSMANN: I look at the size and diversity of the USA as providing us with a tremendous opportunity, not a problem. We are blessed with a large, relatively wealthy, sports-oriented population that has invested in soccer facilities and organizing soccer so that millions of youngsters are playing soccer year-round. And, more attention is now being paid to developing soccer programs for underserved populations and geographic areas.

While we may have different and sometimes competing youth development soccer organizations, there are certainly opportunities for children to develop and play. In terms of scouting for talented players, youth clubs are doing it, youth organizations are doing it, colleges are doing it, professional teams are doing it, and our U.S. Soccer scouts are doing it.

So, I think we are probably able to identify most of the very talented young players. There are also more comprehensive and more consistent training programs being made available across the country, for example the U.S. Soccer Development Academy and MLS academies.

One trend I encourage, which has been successful in other large countries such as France and Germany that committed to youth development and which can now also be seen here in the USA, is to regionalize programs. This will cut down on costs, allow the youth players and their families to have more normal lifestyles, and provide for more development opportunities.

SA: If a coach of an under-8 team came to you for advice, how would you respond?

JURGEN KLINSMANN: Have fun! Let the children enjoy themselves! Help them learn the excitement they can experience kicking a ball and playing soccer-type games on their own, with their friends, and with their parents wherever they are with whatever ball they have available.

(Part 2 of this interview will appear in Monday's Youth Soccer Insider.)

Mike Woitalla is the executive editor of Soccer America. His youth soccer articles are archived at YouthSoccer-Fun.com.)

[Post your response to the public Youth Soccer Insider blog.](#)

[See what others are saying on the Youth Soccer Insider blog.](#)

FEEDBACK: Send comments to letters@socceramerica.com. Please include your first and last name and hometown.

CMU STRENGTH & CONDITIONING CAMPS



Colorado Mesa University Strength and Conditioning is offering their camps for youth and high school athletes ½ off to all those affiliated with Grand Junction Soccer Club!

You can find our brochure with more details at www.cmumavericks.com under the strength and conditioning tab.

In addition to our 2x/week and 4x/week options, we will also be offering a third option of 1x/week for those Grand Junction Soccer Club athletes that are involved in many activities and are limited on available time. We do encourage all athletes to attend at least 2x/week for best results.

2 nights/week:

One participant
Siblings

1 Month

Was \$60 Now **\$30**
Was \$100 Now **\$50**

3 Months

Was \$140 Now **\$70**
Was \$240 Now **\$120**

4 nights/week:

One participant
Siblings

1 Month

Was \$100 Now **\$50**
Was \$175 Now **\$90**

3 Months

Was \$225 Now **\$115**
Was \$425 Now **\$215**

1 night/week:

One participant

1 Month

\$25

3 Months

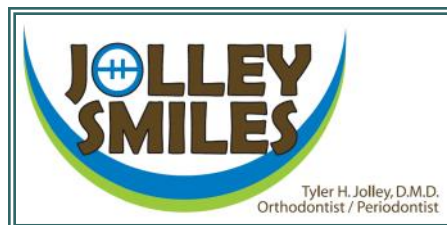
\$60



Western Orthopedics & Sports Medicine, P.C.

Grand Junction Soccer Club is Proud to announce our partnership with Western Orthopedics and Sports Medicine. Western Orthopedics will be offering many exciting services to our players. To summarize, they will send an athletic trainer to our fields one time per week in the spring season. This will be a free opportunity for injured players to have their problem evaluated by a medical professional. Western Orthopedic will also work with our coaching staff to help develop a club wide injury prevention warm up, cool down suggestions, and be a resource if we have any questions concerning the health and well fare of our players. They will also be involved with our tournament, the GMIT, by offering injury evaluations and support for players in need of medical assistance. Anyway, they will be making lots of positive contributions to the club and we look forward to their involvement. Look for more details in the coming months.

THANK YOU TO OUR NEW CORPORATE SPONSERS



The UPS Store



MJ THOMAS
Photography Inc.